

# Programming Android Phones for Use in Clinical Research

Getting Participants to  
Record a Diary of Adverse  
Events.

Dr Tom Hartley : UTas : March 2017

**BACKGROUND**

## Some appealing Literature :

- Despite technical problems personal digital assistants **outperform pen and paper** when collecting patient diary data : J Clin Epi : January 2007 Volume 60, Issue 1, Pages 8–17
- The feasibility of cell phone based electronic diaries for **STI/HIV** research : BMC Medical Research Methodology 2012, 12:75
- How smart phones are changing the face of mobile and participatory healthcare: an overview, with example from **eCAALYX** : BioMedical Engineering OnLine 2011, 10:24 (Enhanced Complete Ambient Assisted Living Experiment)
- The Smartphone in Medicine: A Review of Current and Potential Use Among Physicians and Students : J Med Internet Res 2012;14(5):e128
- What makes a good clinical app? Introducing the RCP Health Informatics Unit **checklist** : Clinical Medicine 2015 Vol 15, No 6: 519–21

## Best clue as to How I Could to Do It !



[Larger Cover](#)

### Building Android Apps with HTML, CSS, and JavaScript

Making Native Apps with Standards-Based Web Tools

By Jonathan Stark, Paco Nathan, John Papaconstantinou, Paco Lagerstrom, Paco Hope

Publisher: O'Reilly Media

Final Release Date: September 2010

Pages: 184

2.3

[Read 14 Reviews](#) | [Write a Review](#)

**NO – use PHP on a locally installed web server!**

If you know HTML, CSS, and JavaScript, you already have the tools you need to develop Android applications. This hands-on book shows you how to use these open source web standards to design and build apps that can be adapted for any Android device -- *without* having to use Java.

You'll learn how to create an Android-friendly web app on the platform of your choice, and then convert it to a native Android app with the free PhoneGap framework. Discover why device-agnostic mobile apps are the wave of the future, and start building apps that offer greater flexibility and a broader reach.

- Learn the basics for making a web page look great on the Android web browser
- Convert a website into a web application, complete with progress indicators and more
- Add animation with jQTouch to make your web app look and feel like a native Android app
- Take advantage of client-side data storage with apps that run even when the Android device is offline
- Use PhoneGap to hook into advanced Android features -- including the accelerometer, geolocation, and alerts
- Test and debug your app on the Web under load with real users, and then submit the finished product to the Android Market

This book received valuable community input through O'Reilly's Open Feedback Publishing System (OFFS). Learn more at <http://faps.oreilly.com/offps.html>.

**Dial up a deal**

|  |  |   |   |  |
|--|--|---|---|--|
| <p><b>GGB for \$10</b><br/>with 7 day expiry<br/>Unused credit will roll over when you recharge<br/>Telstra \$10 Pre-Paid Starter Kit<br/>• 100 min talk and unlimited text<br/>• Unlimited local SMS/MMS to standard Australian numbers<br/>67967</p> | <p><b>Huawei Y360</b><br/>• 4.1" display<br/>• 5MP main and 2MP front camera<br/>• 4GB expandable memory<br/>• 1.2GHz quad-core processor<br/>• 3G enabled<br/>39856</p> <p><b>UNLOCKED</b><br/>SAVE \$30<br/>\$99</p> | <p><b>Huawei Y560</b><br/>• 4.3" display<br/>• 5MP main and 2MP front camera<br/>• 8GB expandable memory<br/>• 1.1GHz quad-core processor<br/>• 3G enabled<br/>43633</p> <p><b>UNLOCKED</b><br/>SAVE \$30<br/>\$149</p> | <p><b>Huawei Y625</b><br/>• 5" display<br/>• 5MP main and 2MP front camera<br/>• 8GB expandable memory<br/>• 1.1GHz quad-core processor<br/>• 3G enabled<br/>43632</p> <p><b>UNLOCKED</b><br/>SAVE \$20<br/>\$179</p>                   | <p><b>Huawei GR3</b><br/>• 5" HD display<br/>• 5MP front and 5MP main camera<br/>• 16GB expandable memory<br/>• Octa-core processor<br/>• 4G enabled<br/>58628</p> <p><b>UNLOCKED</b><br/>SAVE \$30<br/>\$249</p>                          |
| <p><b>Aspera F26 3G Phone</b><br/>• 2.4" display<br/>• Big buttons<br/>• FM radio<br/>• 3G enabled<br/>69943</p> <p><b>UNLOCKED</b><br/>NEW<br/>\$79</p>   | <p><b>Aspera F24 3G Flip Phone</b><br/>• 2.4" display<br/>• Camera<br/>• Big buttons<br/>• SOS button<br/>• 3G enabled<br/>66052</p> <p><b>UNLOCKED</b><br/>\$99</p>   | <p><b>Aspera R25 3G Rugged Phone</b><br/>• 2.4" display<br/>• 2MP camera<br/>• Water, shock and dustproof (IP68 rated)<br/>• 3G enabled<br/>56861</p> <p><b>UNLOCKED</b><br/>\$149</p>                                  | <p><b>Aspera R7 4G Rugged Smartphone</b><br/>• 4" display<br/>• 5MP main and 2MP front camera<br/>• 8GB expandable memory<br/>• Water, shock and dustproof (IP68 rated)<br/>• 4G enabled<br/>67927</p> <p><b>UNLOCKED</b><br/>\$249</p> | <p><b>Aspera R6 4G Rugged Smartphone</b><br/>• 4.3" display<br/>• 5MP main and 5MP front camera<br/>• 16GB expandable memory<br/>• Water, shock and dustproof (IP68 rated)<br/>• 4G enabled<br/>67933</p> <p><b>UNLOCKED</b><br/>\$399</p> |
| <p><b>ALCATEL 20.45x</b><br/>• 2.4" display<br/>• Music player<br/>• Bluetooth™<br/>54226</p> <p><b>UNLOCKED</b><br/>SAVE \$20<br/>\$9<sup>^</sup></p>   | <p><b>Optus 4G USB modem (E3372)</b><br/>• Includes 4GB start-up data for use in Australia within 14 days. Activate within 30 days of purchase<br/>61043</p> <p><b>HALF PRICE</b><br/>\$1450<sup>^</sup></p>           | <p><b>ZTE 4G ZIP</b><br/>• 4" display<br/>• 5MP camera<br/>• Quad-core processor<br/>54527</p> <p><b>UNLOCKED</b><br/>SAVE \$10<br/>\$49<sup>^</sup></p>  | <p><b>Telstra Pixi Vibe</b><br/>• 4" display<br/>• 5MP camera<br/>• 8GB expandable memory<br/>• 3G enabled<br/>58571</p> <p><b>UNLOCKED</b><br/>\$59<sup>^</sup></p>  | <p><b>Telstra 4GX Plus</b><br/>• 5" display<br/>• 5MP main and 2MP front camera<br/>• 8GB expandable memory<br/>• 1.1GHz quad-core processor<br/>• 4G+ enabled<br/>66668</p> <p><b>UNLOCKED</b><br/>\$99<sup>^</sup></p>                   |

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## Power of Dell Latitude laptop (2004) compared to ZTE F286 Mobile Phone (2016)

### DELL :

- Intel 1.4Ghz Pentium-M CPU
- 640MB Memory
- 40GB HDD
- 14.1" SXGA+ (1400x1050) display
- Weight: 5.3lbs
- Price tag: US\$1,606

### ZTE :

- 4.0" capacitive touch screen
- Android 4.4 operating system
- Dual core 1.0GHz CPU with 512MB RAM
- 4GB flash memory
- Expandable memory up to 32GB with microSD
- Price tag: AUS \$29

## Challenge - Can we use these as cheap data collection devices in Clinical Research ?

To do so we need to be able to program them ourselves -

Is this too complicated for most of us ?

So I experimented with two Telstra Tempo phones @ \$29 each !



## Programming Android Phones for Use in Clinical Research

### TEST MODEL :

Getting Participants in a Drug Trial to Record a Diary of Adverse Events in a Dedicated Mobile Phone.

# ERGONOMICS

How easy is it to fill in a questionnaire with only 5 questions on a 4 inch screen ?

## WATTAREN ANTI-INFLAMMATORY CLINICAL TRIAL

Participant's Adverse events recording system

Use this form to record any adverse reactions during this clinical trial of Wattaren

You should use this App to record these events as close as possible to the time at which they occurred

There are 5 questions .....

Q1 : What is your ID number ?

Q2 : What are your symptoms ?

Q3 : What was the date and time you experienced these symptoms ?

Enter as d/m/y hh:mm

Q4 : How would you rate these symptoms ?

Q5 : What was your Glucometer glucose reading when this happened ?

[File your answers](#)

**WATTAREN ANTI-INFLAMMATORY CLINICAL TRIAL**

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Use this form to record any adverse reactions during this clinical trial of Wattaren

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There are 5 questions .....

Q1 : What is your ID number ?

Q2 : What are your symptoms ?

Q3 : What was the date and time you experienced these symptoms ?

Enter as d/m/y hh:mm

Q4 : How would you rate these symptoms ?

None selected

Q5 : What was your Glucometer glucose reading when this happened ?

[File your answers](#)

Type in this URL :  
[www.medlabstats.com/seminar/q.html](http://www.medlabstats.com/seminar/q.html)

How convenient was it to fill in ?  
 (mark out of 10)

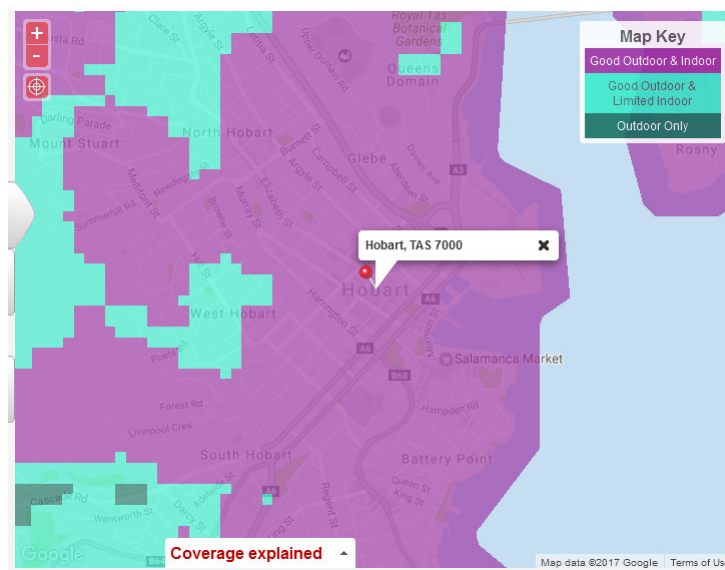
Issue 1 : Small screen size  
 makes for difficult data entry  
 ... Will lead to poor compliance.

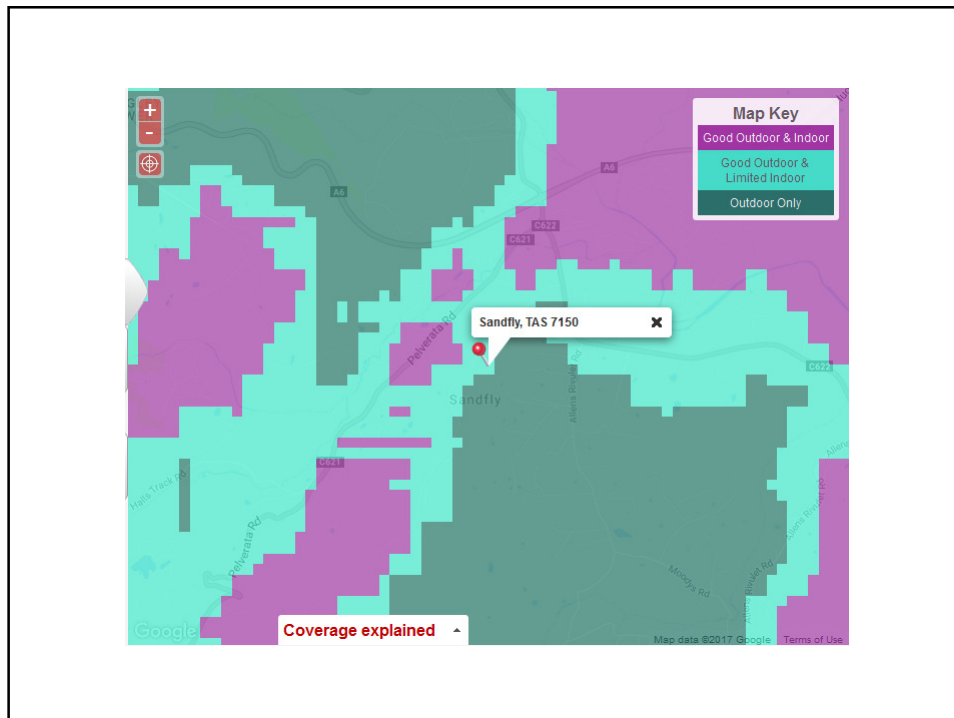
Overall the combination of  
 different phones, screen sizes,  
 browsers and user dexterity will  
 lead to participants reporting  
 widely varying experience

## NETWORK COVERAGE

Different phones, different providers,  
different reception areas ..... All make  
for an inhomogeneous (i.e. unpredictable)  
solution.

(We are privileged to work on an  
'infrastructure rich' campus ... Our  
participants are not so lucky !)





## WORK AROUNDS

1. **ERGONOMICS** : Present the questions one at a time on separate screens.
2. **NETWORK COVERAGE** : Dispense with the need to have any sort of network connection, mobile plan etc ..... Only necessary if you are wanting to look at a participants data in real-time and feed back corrective action !

Remember from my introductory slide

'Building Android Apps with HTML, CSS, and JavaScript'

**NO - use PHP on a locally installed web server!**

'Building Android Apps with HTML, CSS, PHP and JavaScript on a local Web Server'



# WORK AROUNDS

## ERGONOMICS

1. Present the questions one at a time on separate screens
2. Make available **only a single web browser** - in this case **Opera** proved to be the best.
3. Make available a good **keyboard** - **TouchPal** proved to be the best.
4. Supply a stylus pen



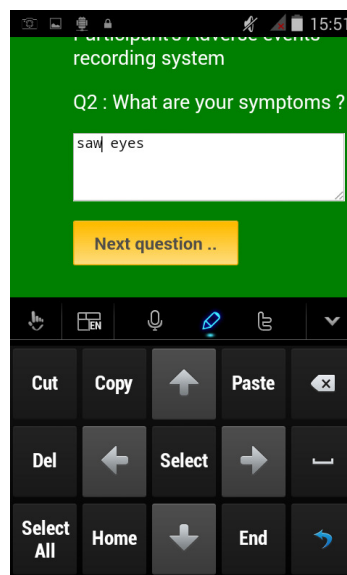
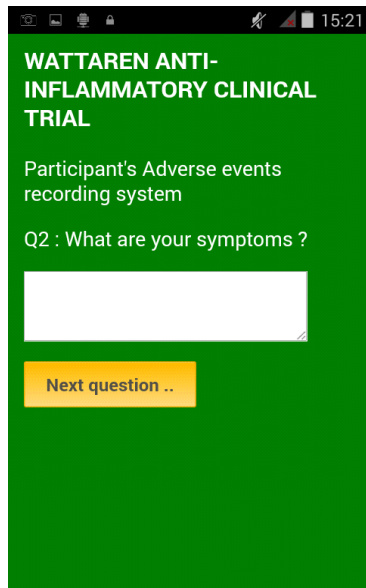
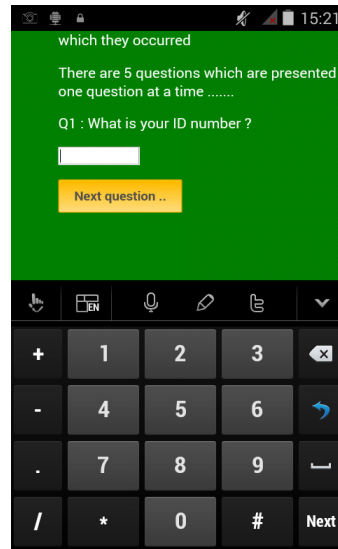
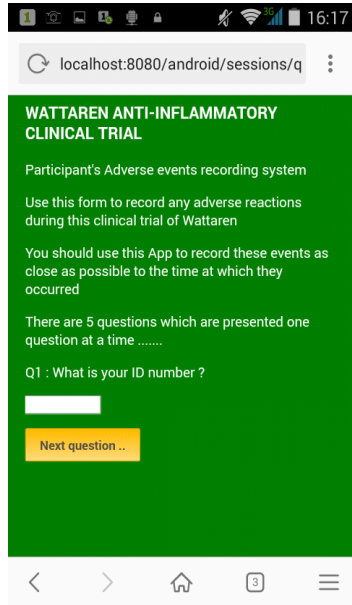
Type in this URL :

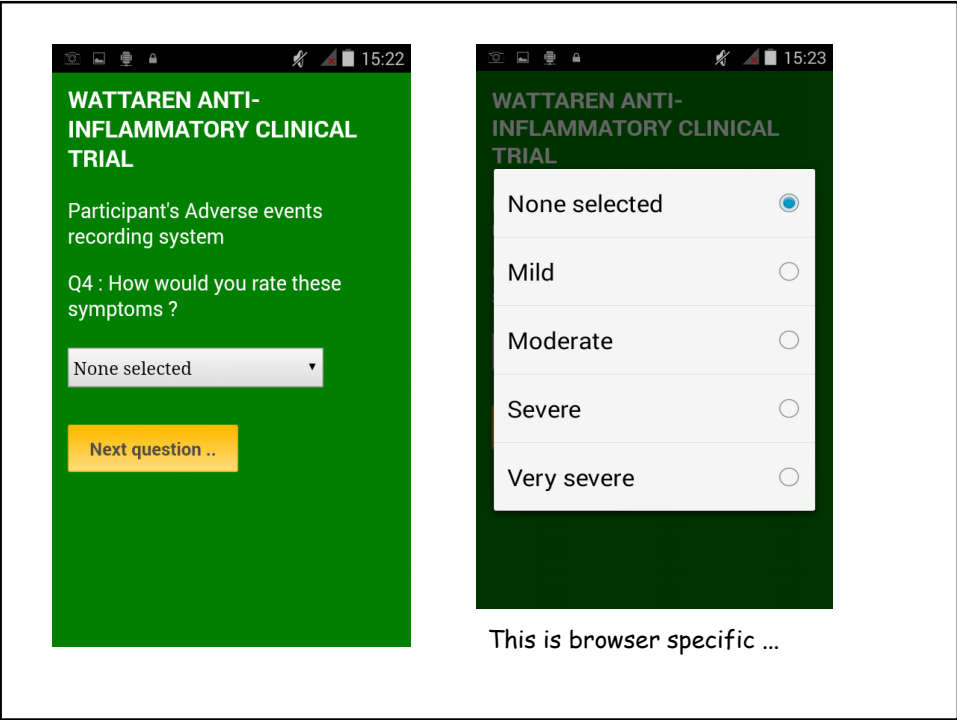
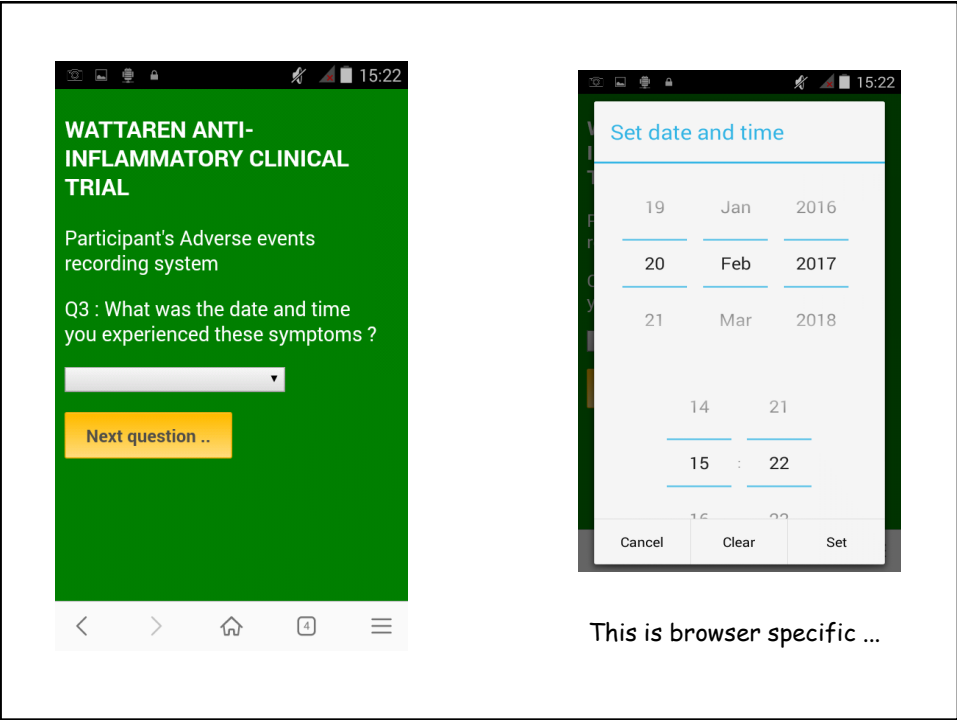
[www.medlabstats.com/seminar/q1.html](http://www.medlabstats.com/seminar/q1.html)

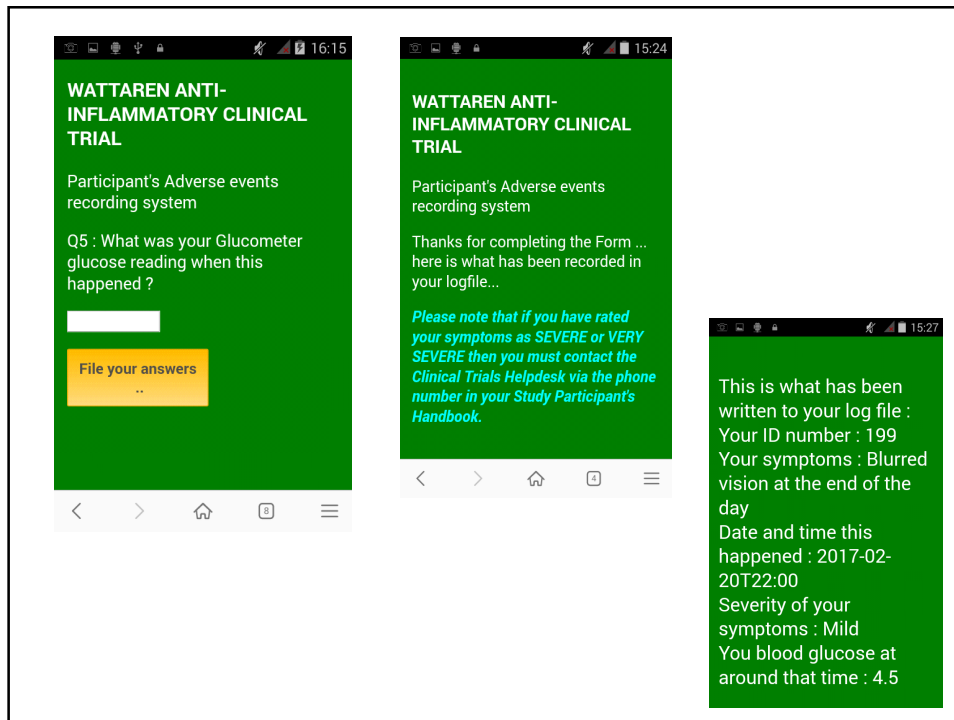
How convenient was it to fill in ?  
(mark out of 10)

What the final 'App' looked  
like on the Telstra Tempo  
phone ...

### Remember to 'Double Tap'







Type in this URL :  
[www.medlabstats.com/seminar/q1.html](http://www.medlabstats.com/seminar/q1.html)

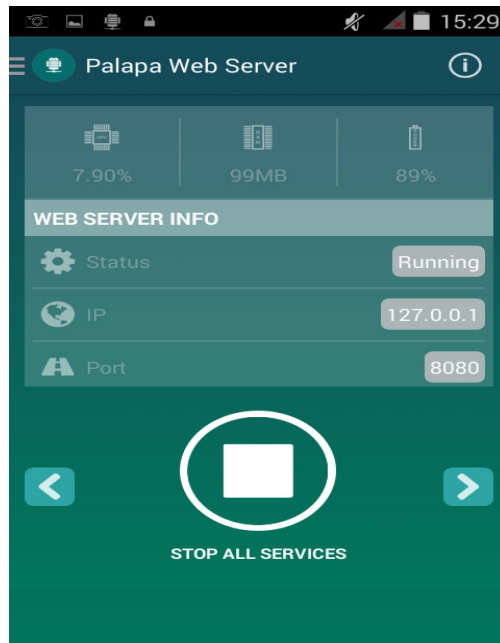
REMINDER –

How convenient was it to fill in ?  
 (mark out of 10)

Some technical details to complete the information on what has to be done in the background :

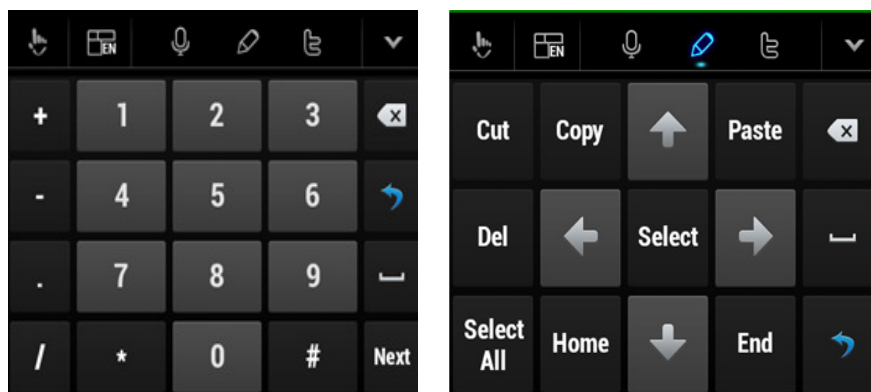
### *The Web Server*

*Why do you have to use a web server ? - because browsers have been designed **not** to write back data to your disk drive. They can write 'cookies' but writing back data **that persists** after the session is a "no no"*



Some technical details to complete the information on what has to be done in the background :

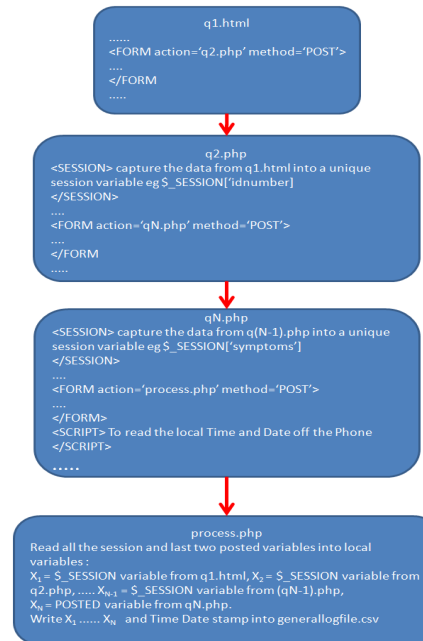
### *The Keyboard*



This is Keyboard specific ... Note the decimal point and the cursor pad

Some technical details to complete the information on what has to be done in the background :

*The Schema for the web pages.*



### ➤ Listing of [q1.html](#) : Template for the first question

```

<html>
<head>
<link rel="stylesheet" href="style1.css" />
</head>
<body>
<body bgcolor='green'>
<font size=4>
<font color='white'>
<div class="container">
<div class="main">
<h3>WATTAREN ANTI-INFLAMMATORY CLINICAL TRIAL
</h3>
Participant's Adverse events recording system
<p>
Use this form to record any adverse reactions during this clinical trial of
Wattaren
<p>
You should use this App to record these events as close as possible
to the time at which they occurred
<p>
There are 5 questions which are presented one question at a time .....

<form action="q2.php" method="post">
Q1 : What is your ID number ?
<p>
<input name="idnumber" type="number">
<p>
<input type="submit" name="Submit" value="Next question..">
</form>
</div>
</body>
</html>
  
```

➤ Listing of `qn.php`: Template for the nth question

```

<?php
session_start();
$_SESSION['symptoms'] = $_POST['symptoms'];
?>

<html>
<head>
<link rel="stylesheet" href="style1.css" />
</head>
<body>
<body bgcolor='green'>
<font size=4>
<font color='white'>
<div class="container">
<div class="main">
<h3>WATTAREN ANTI-INFLAMMATORY CLINICAL TRIAL
</h3>
Participant's Adverse events recording system
<p>
<form action="qn+1.php" method="post">
Q3 : What was the date and time you experienced these symptoms ?
<p>
<input type='datetime-local' name='day'>
<p>
<input type="submit" value="Next question...">
</form>
</div>
</div>
</body>
</html>

```

➤ Listing of `qN.php`: Template for the Nth / Last question

```

<?php
session_start();
$_SESSION['rating'] = $_POST['rating'];
?>

<html>
<head>
<link rel="stylesheet" href="style1.css" />
</head>
<body>
<body bgcolor='green'>
<font size=4>
<font color='white'>
<div class="container">
<div class="main">
<h3>WATTAREN ANTI-INFLAMMATORY CLINICAL TRIAL
</h3>
Participant's Adverse events recording system
<p>
<form action="process.php" method="post">
Q5 : What was your Glucometer glucose reading when this happened ?
<p>
<input name='glucose' type='number' step=0.1>
<p>
<input type="hidden" id="dmy" name="NOW" value="Content of the extra
variable" >
<script>
var d = Date();
document.getElementById("dmy").value = d;
</script>
<p>
<input type="submit" value="File your answers...">
</form>
</div>
</div>
</body>
</html>

```

➤ Listing of `process.php`: Template for processing and filing the data from all N questions plus a time and date stamp

```

<?php
session_start();
?>

<html>
<head>
<link rel="stylesheet" href="style1.css" />
</head>
<body>
<body bgcolor='green'>
<font size=4>
<font color='white'>
<div class="container">
<div class="main">
<h3>WATAREN ANTI-INFLAMMATORY CLINICAL TRIAL
</h3>
Participant's Adverse events recording system
<p>
Thanks for completing the Form ... here is what has been recorded in your
logfile...
<p>
<br>
</br>
Please note that if you have rated your symptoms as SEVERE or VERY SEVERE
then you must contact the Clinical Trials Helpdesk via the phone number in
your Study Participant's Handbook.
</p>
</br>
<br>
<p>
<?php
$a = $_SESSION['idnumber'];
$b = $_SESSION['symptoms'];
$c = $_SESSION['day'];
$d = $_SESSION['rating'];
$e = $_POST['glucose'];
$f = $_POST['NOW'];

















print "This is what has been written to your log file .":
print "<br>";
print "Your ID number : " . $a;
print "<br>";
print "Your symptoms : " . $b;
print "<br>";
print "Date and time this happened : " . $c;
print "<br>";
print "Severity of your symptoms : " . $d;
print "<br>";
print "Your blood glucose at around that time : " . $e;
print "<p>";
print "-----Debugging-----";

```

To get correct syntax for other FORM FIELDS use form wizard @  
<http://www.phpform.org/>

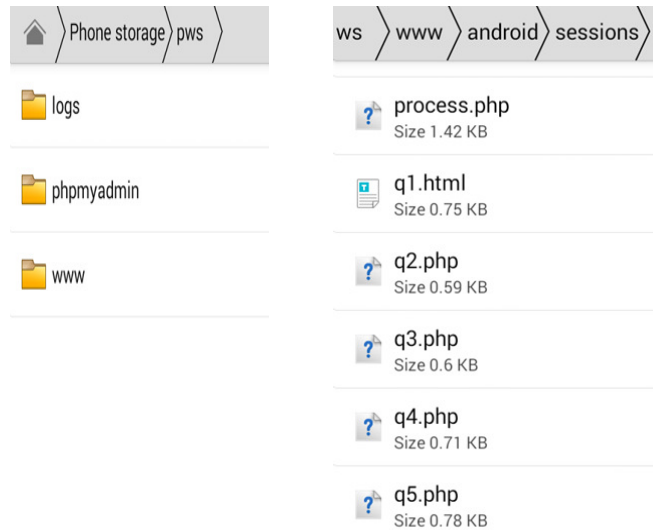
✳ Add a Field      Field Properties      Form Properties

↓ Click to Add a Field

|   |                  |   |             |
|---|------------------|---|-------------|
|  | Single Line Text |  | Number      |
|  | Paragraph Text   |  | Checkboxes  |
|  | Multiple Choice  |  | Drop Down   |
|  | Name             |  | Date        |
|  | Time             |  | Phone       |
|  | Address          |  | Web Site    |
|  | Price            |  | Email       |
|  | Section Break    |  | File Upload |



Pages go into a designated folder on the phone



Relevant Extract from the Royal College of Physicians (UK) 'App' Evaluation Tool

- a) Is it clear who this app is for and how it should be used? Yes / No / Don't know
- b) Is it clear which problem the app is designed to alleviate or what outcome it helps to promote? Yes / No / Don't know
- c) Do the app developer and sponsor seem well informed about this problem or outcome, and likely to be unbiased in their approach to it? Yes / No / Don't know
- a) Do the app screens look well designed, is text clear? Not applicable / Yes / No / Don't know
- b) Is it clear what data the app needs from the user ?
- a) Is the app fast and easy to use ? Yes / No / Don't know
- b) Overall, do the benefits of using this app seem likely to outweigh inconvenience and costs to the user? Yes / No / Don't know
- c) Is there any specific clinical scenario or patient subgroup in which using the app seems particularly likely to be useful? Yes - Which? \_\_\_\_\_ / No / Unclear

Thank You !

Volunteers for 'phone evaluation' ?

➤ [thomas.hartley@utas.edu.au](mailto:thomas.hartley@utas.edu.au)

➤ [www.medlabstats.com/seminar/q1.html](http://www.medlabstats.com/seminar/q1.html)

➤ [www.medlabstats.com/seminar/PhoneHowTo.pdf](http://www.medlabstats.com/seminar/PhoneHowTo.pdf)