Development of an HPLC Method for the Determination of Capsaicins in Human Plasma

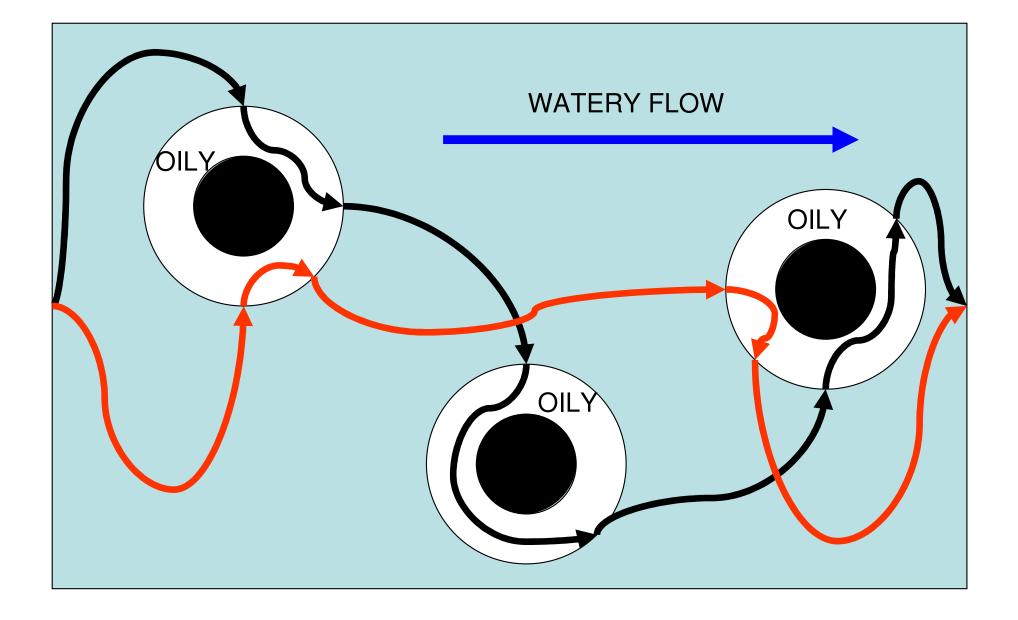
Dr Tom Hartley⁽¹⁾, Dr Brian Stevens⁽²⁾ and Dr Kiran Ahuja⁽¹⁾

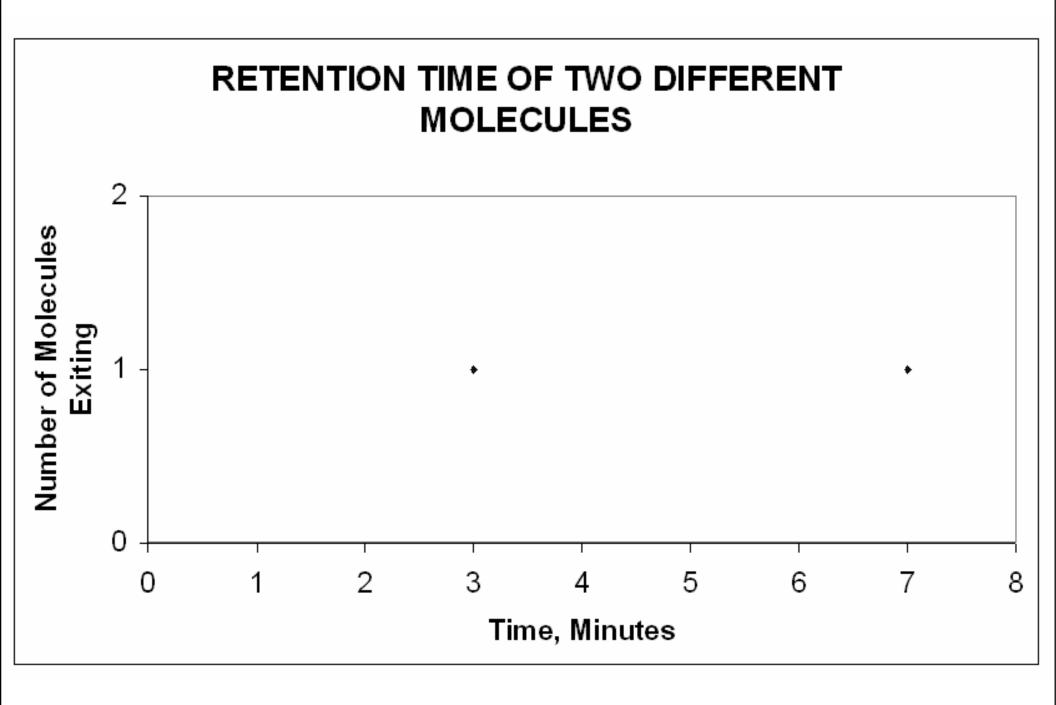
⁽¹⁾ University of Tasmania : School of Human Life Sciences : Australia

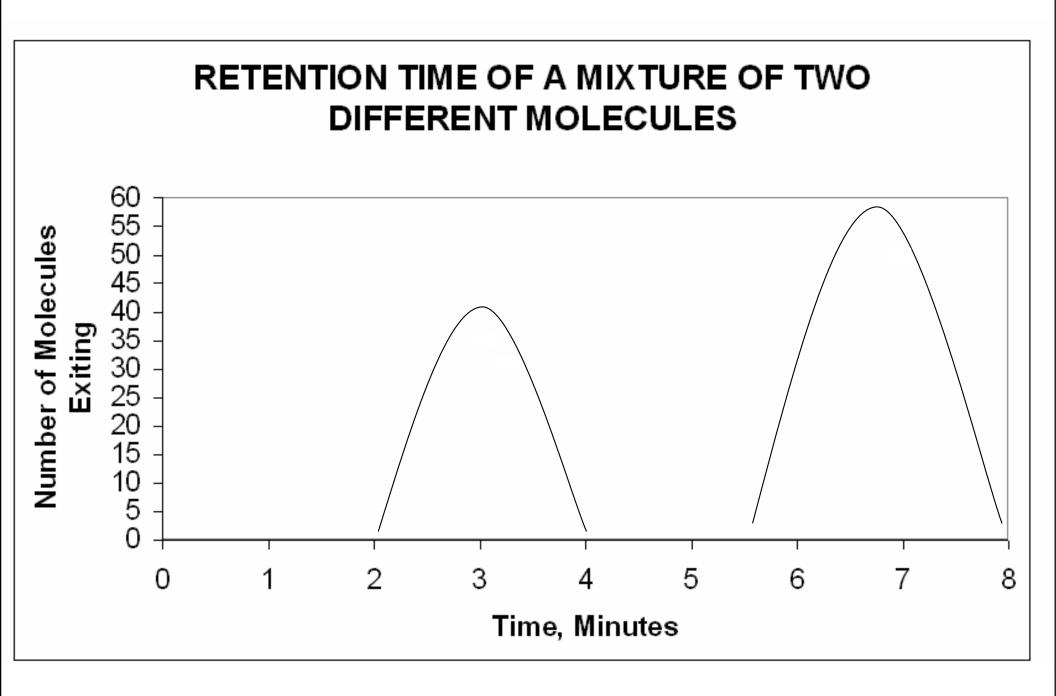
⁽²⁾PathLab : Melbourne : Australia

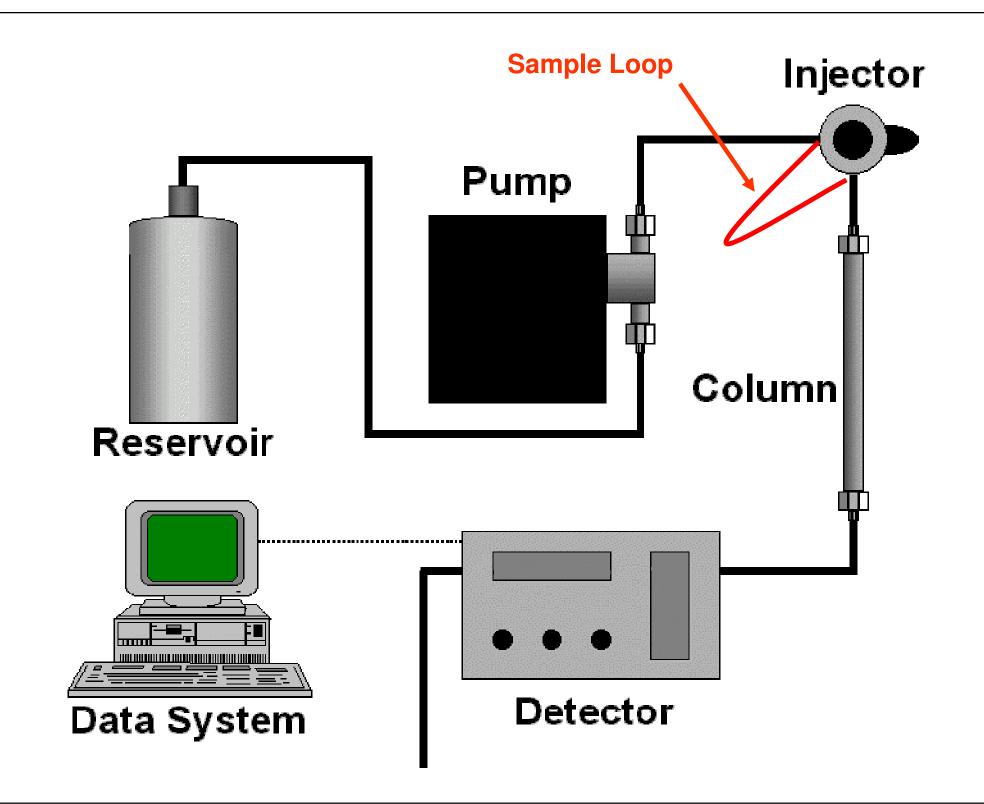
⁽¹⁾ Sponsor : Nancy Dale Scholarship : AACB

ANALYTICAL PRINCIPLE OF HPLC



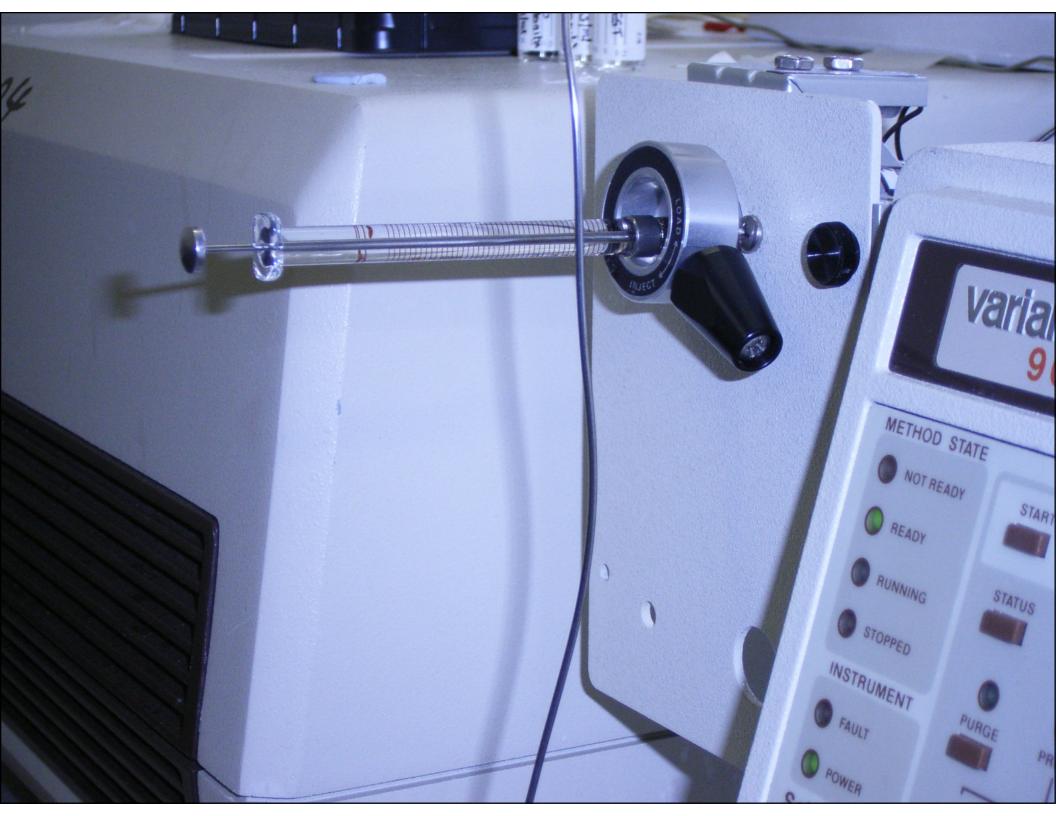


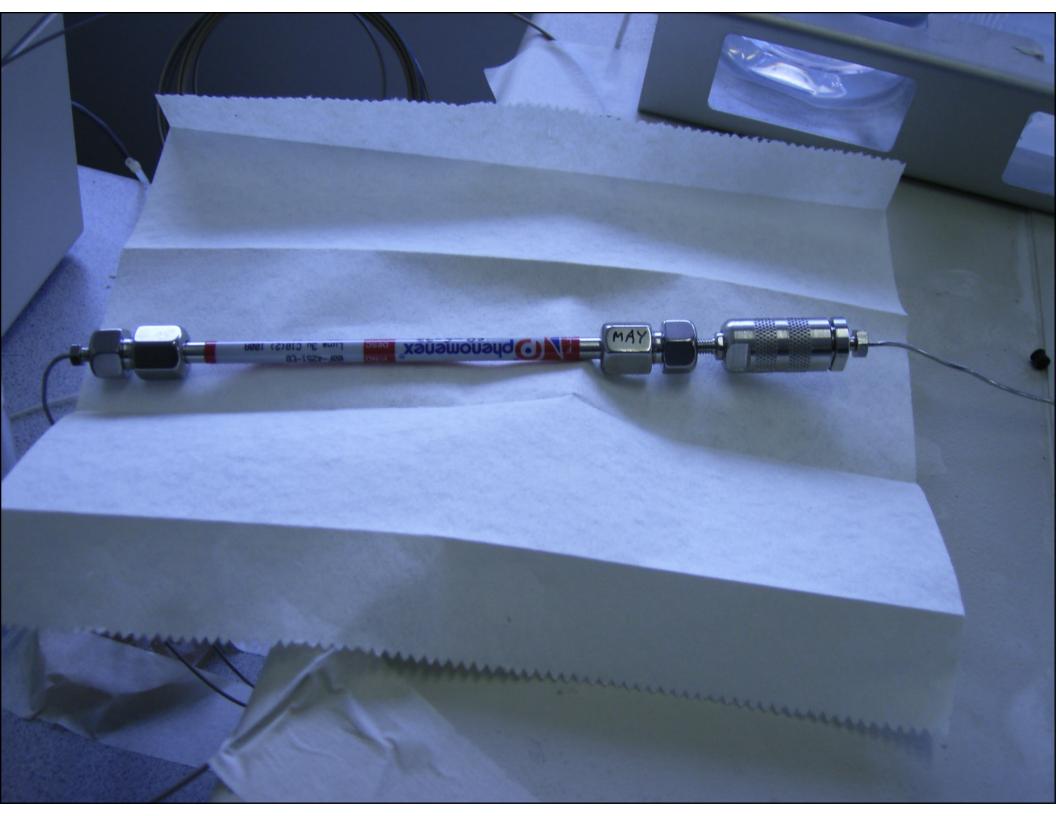




INSTRUMENTATION USED IN THIS WORK



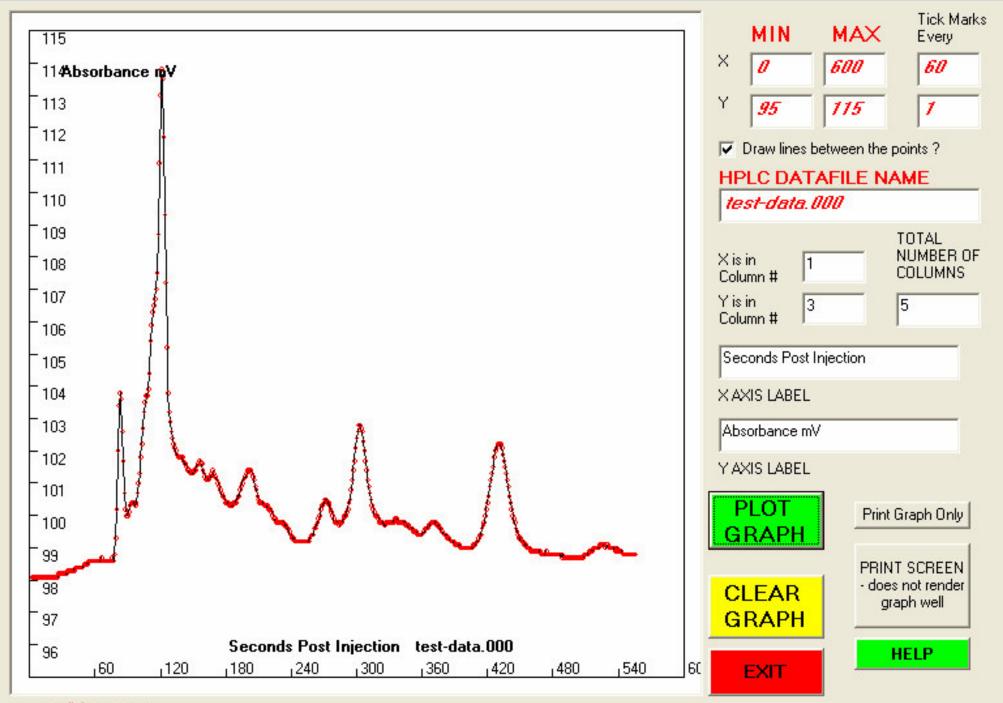






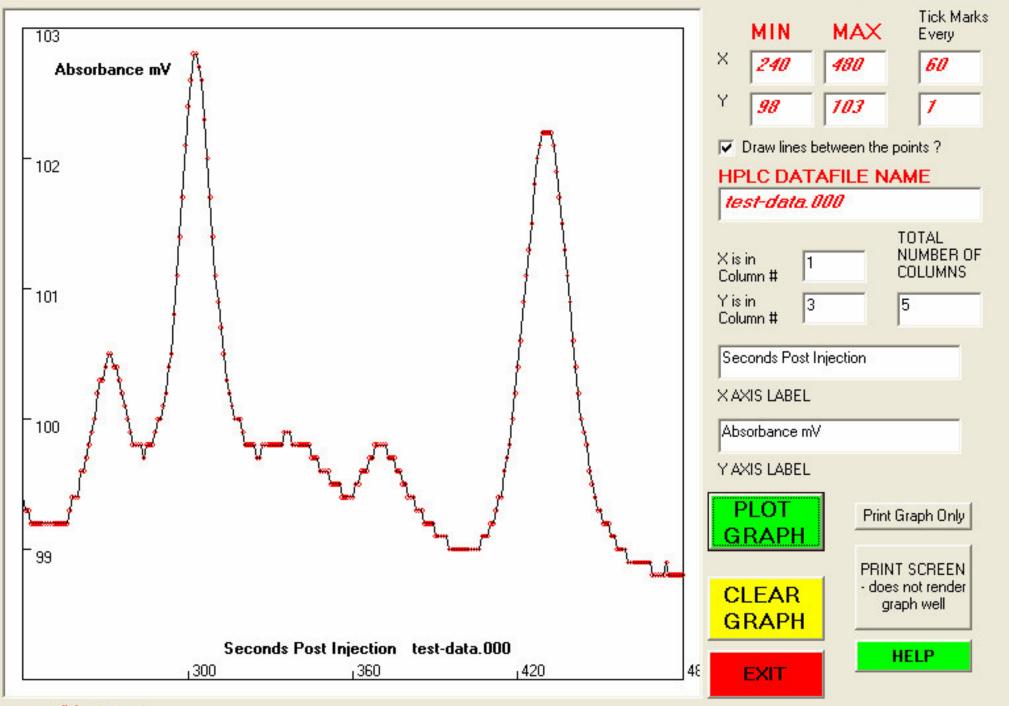


HPLC DATA PLOTTER : Dr Tom Hartley : Human Life Sciences : UTAS : October 2006



www.medlabstats.com

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LITERATURE REVIEW

A BRIEF REVIEW OF THE LITERATURE **B. SOME KEY PAPERS**

1. Early 1970's

First utilisation of GC Tedious derivatisation procedures

2. <u>1981 Saria et al</u>

HPLC

Comparison of UV and fluorescence detection UV-60 ng Fluorescence – 3 ng

3. <u>1982 Johnson et al</u>

Toxicological aspects HPLC

Urine – 50ml extracted 3x into 200ml dichloromethane

4. <u>1987 Attuquayefio et al</u>

Use of Sep-pack cartridges

5. <u>1997 Lu and Cwik</u>

HPLC with fluorescence detection Heated column Complex solvent extraction Detection limit 0.5 ng/ml

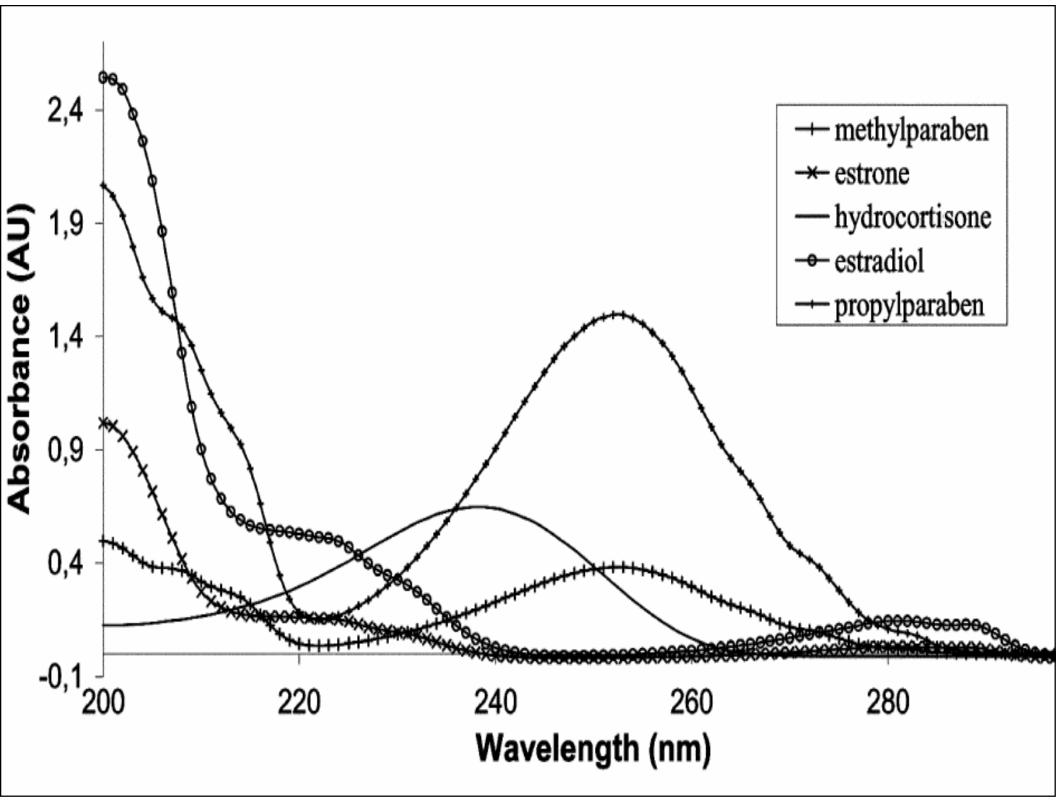
6. <u>Reilly et al</u>

High efficiency solvent extraction HPLC plus tandem mass spectrometry Detection limit 0.25 ng/ml

SELECTION OF THE INTERNAL STANDARD

and

PLASMA SAMPLE PREPARATION



OUR APPROACH TO THE ASSAY

- 1. **Oestradiol** selected as **internal standard**.
- 2. Maybe we needed a protein releasing agent
- 3. So we tried:

10% trichloracetic acid 1 to 4 molar acetic acid acid alcohol 10% sulphosalicylic acid isopropanal/HC1 acidified acetonitrile 20% PEG 200 Saturated sodium carbonate etc. etc. etc. 4. Choice of **solvent** for extraction:

hexane chloroform diethyl ether * 70-80% efficiency * volatile **n-chlorobutane (Reilly et al)** * 100% efficiency (to be confirmed)

PRESENT STATUS OF THE METHOD : Part 1

- Spiking of the sample tubes with internal standard:
- Spike the 10 mL "Hach" tubes with 200 uL of the 200 ng/mL oestradiol in methanol solution and bring to dryness under nitrogen at 40 deg C.
- Sample preparation:
- Place a 2 mL sample of heparinised plasma in a spiked 10 mL "Hach" tube.
- Add 1.0 mL of phosphate buffer and mix.
- Add 5.0 mL of 1-chlorobutane. (Use a 5 mL measuring cylinder).
- Stopper the tube and place on a rotary mixer for 20 mins.
- Centrifuge at 3000 rpm for 10 mins at 4 deg C.

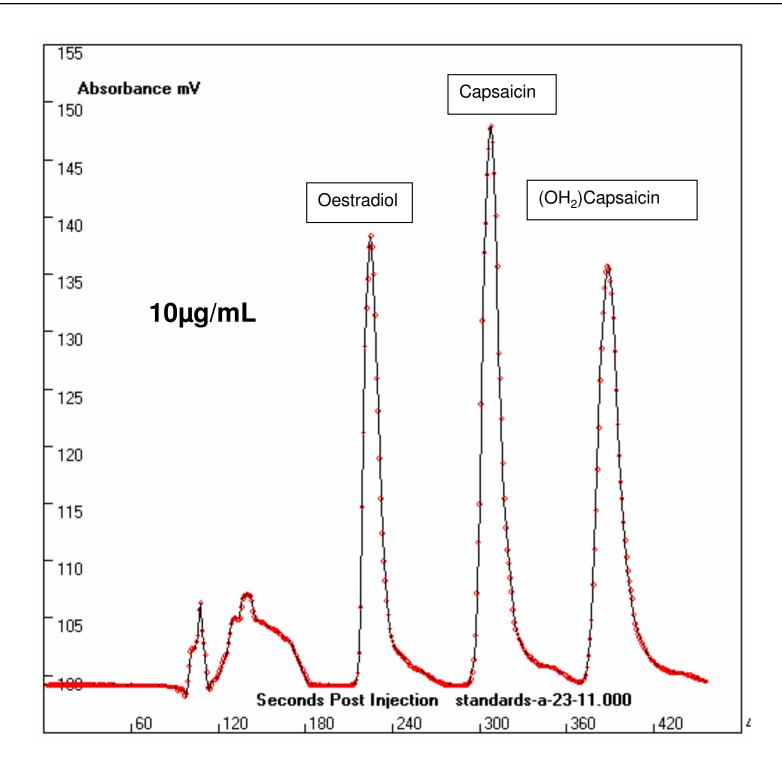
PRESENT STATUS OF THE METHOD : Part 2

- Quantitatively transfer 4.5 mL of the solvent layer to a 5 mL measuring cylinder. Then using the same transfer pipette, place 2.0 mL of this sample in a 5 mL glass bottle and evaporate to dryness under nitrogen (flow rate 5 L/min). Then add the second 2.0 mL of solvent and again bring to dryness.
- **N.B.** After centrifugation, if the solvent separation is not distinct, gently mix the contents and centrifuge again.
- Take up the dry residue to 150 uL of acetonitrile. giving us a concentrating effect of 26.7 times - Cap the tube and vortex for <u>one minute</u> and briefly again immediately before injecting into the HPLC.

PRESENT STATUS OF THE METHOD : Part 3

• Injection Procedure:

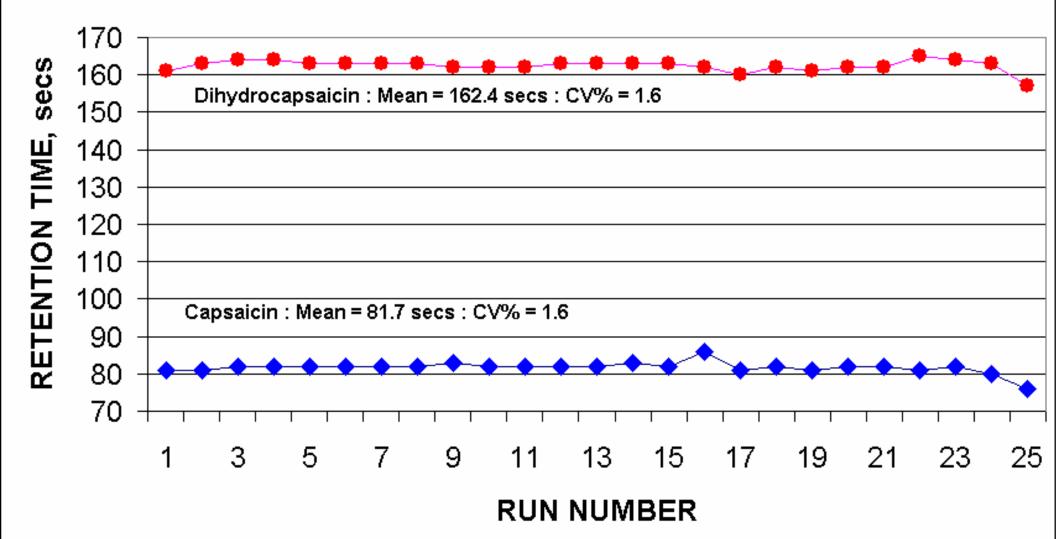
- Rinse the Hamilton syringe with acetonitrile
- Draw up approx 60 uL of sample without bubbles.
- Inject into sample loop
- Observe the peaks:
- Injection peak approx 1 min. 28 sec.
- Oestradiol 3 min. 30 sec.
- Capsaicin 4 min. 55 sec.
 - Dihydrocapsaicin 6 min. 30 sec.

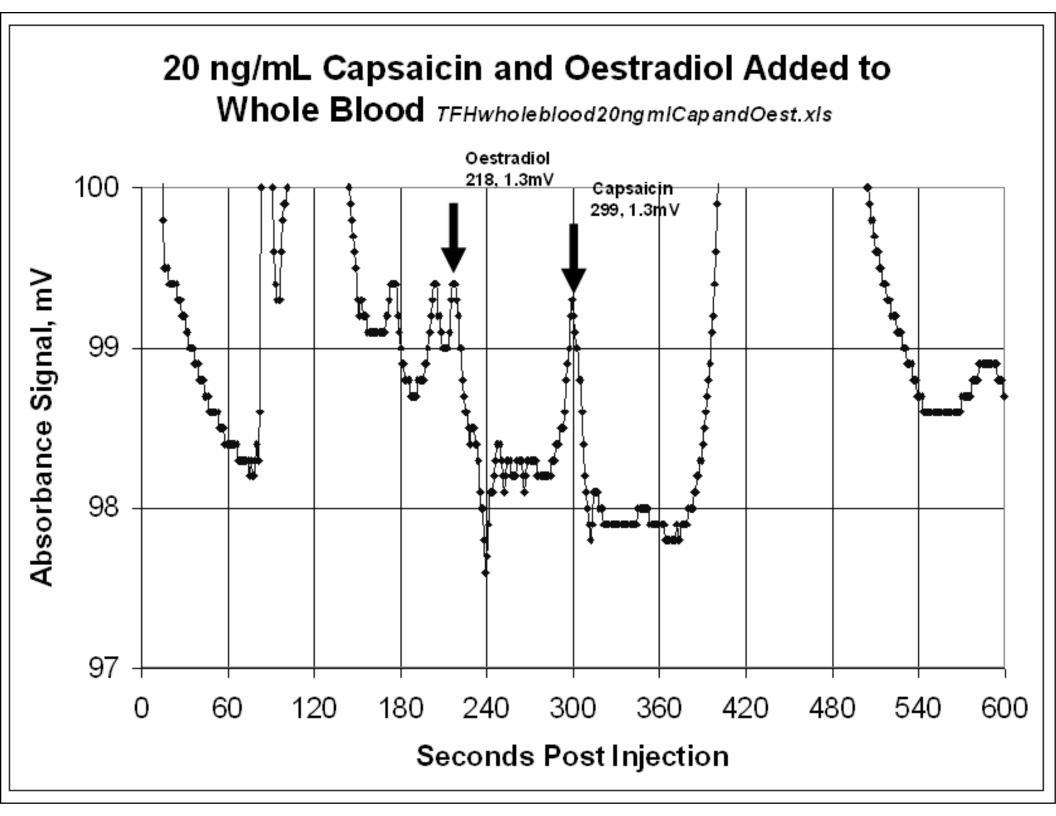


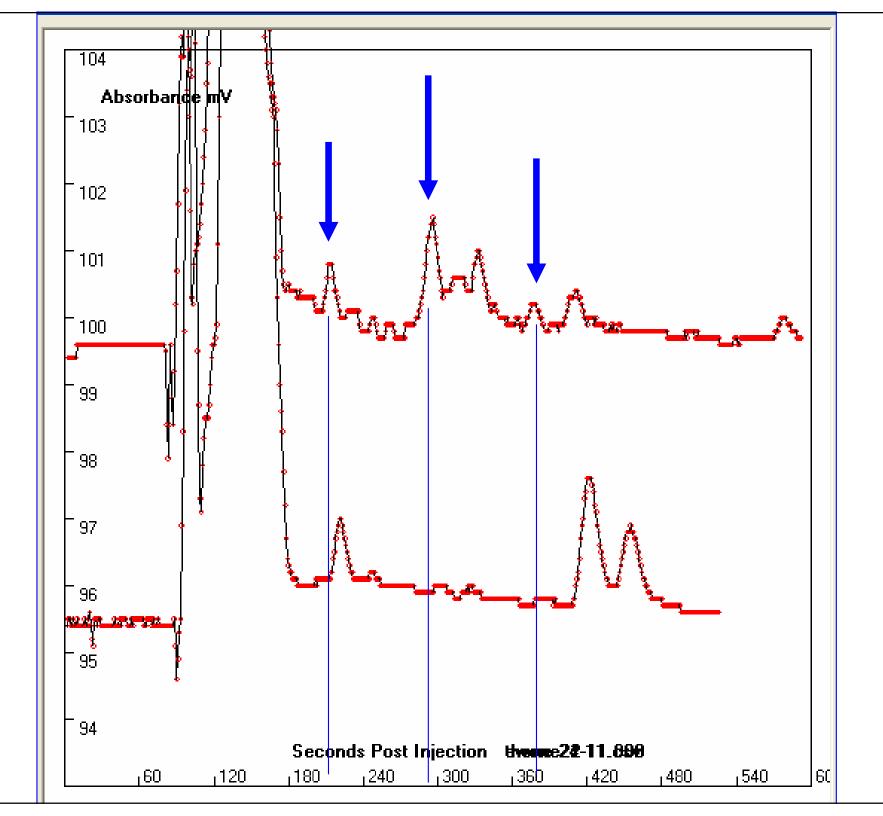
	OESTRADIOL	CAPSAICIN	(OH ₂)CAPSAICIN	
	Peak Heights for 10ug/mL in mV			
	39.2	48.6	35.7	
Derived Correction Factors		39.2/48.6 =	39.2/35.7 =	
		0.8066	1.098	

				RETENTION TIME RELATIVE TO OESTRADIOL PEAK		
Run #	OESTRADIOL	CAPSAICIN	DIHYDROCAPSAICIN	CAP RT Secs	(OH)2 CAP RT Secs	
1	225	306	386	81	161	
2	226	307	389	81	163	
3	225	307	389	82	164	
4	224	306	388	82	164	
5	226	308	389	82	163	
6	224	306	387	82	163	
7	206	288	369	82	163	
8	225	307	388	82	163	
9	224	307	386	83	162	
10	225	307	387	82	162	
11	224	306	386	82	162	
12	225	307	388	82	163	
13	225	307	388	82	163	
14	214	297	377	83	163	
15	214	296	377	82	163	
16	183	269	345	86	162	
17	222	303	382	81	160	
18	222	304	384	82	162	
19	224	305	385	81	161	
20	223	305	385	82	162	
21	216	298	378	82	162	
22	220	301	385	81	165	
23	223	305	387	82	164	
24	222	302	385	80	163	
25	217	293	374	76	157	
Mean	220.2	301.9	382.6	81.7	162.4	
SD	9.11	8.54	9.39	1.59	1.55	
CV%	4.1	2.8	2.5	2.0	1.0	

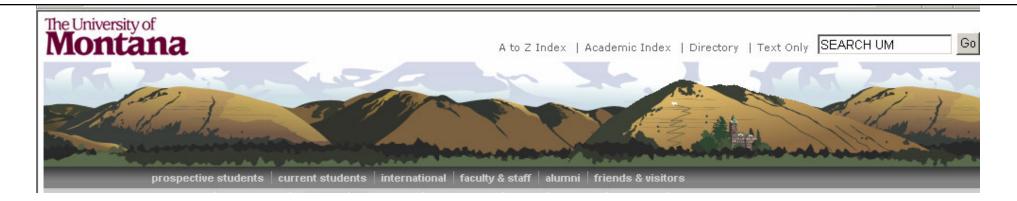
RETENTION TIMES RELATIVE TO OESTRADIOL : 25 Runs



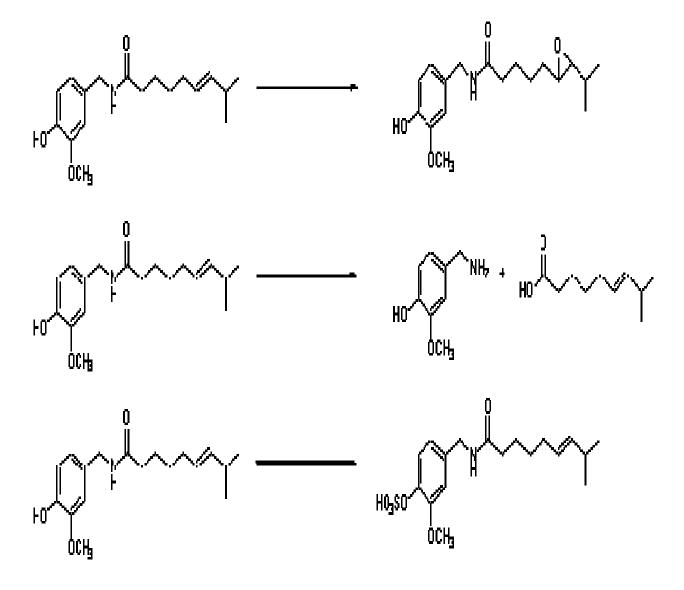




ug / mL Plasma			CAPSAICIN IN 6 CHILLI FED INDIVIDUALS		
CAPSAICIN Di	(OH)CAP.				
5	6	- 60 -			
5					
13	7	- 50 -			
22					
43	8	ੂ <mark>ਦ</mark> ^{40 -}	/		
48		- 40 - - 10,000 - - 30 - - 30 - - 20 -			
		- 05 5 30 -	/		
		PSA			
		් 20 -	*		
		10 -			
			\leftarrow		
		0 -			
			1 2 3 4 5 6		
			SUBJECT NUMBER		



(a) Draw three
different metabolic
products expected for
capsaicin. Do not
truncate the structure
draw the entire
molecule each time.
Note that only one
possible route of
benzene ring
oxidation is possible.
(9 pts)



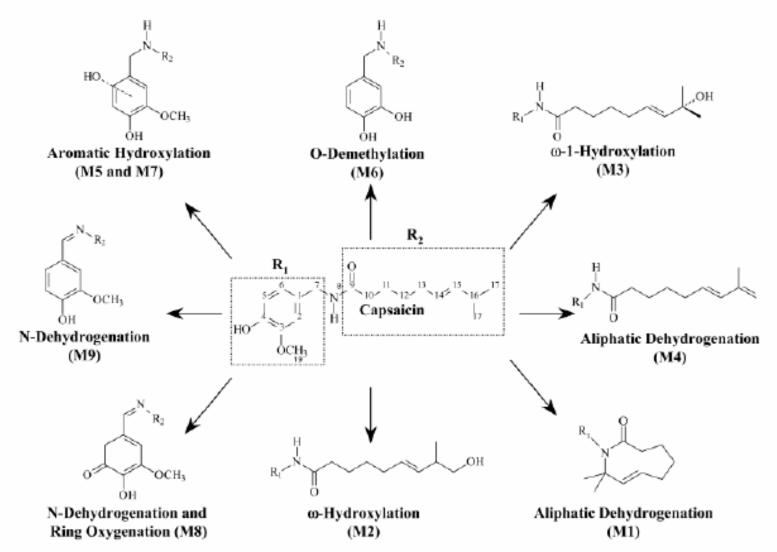
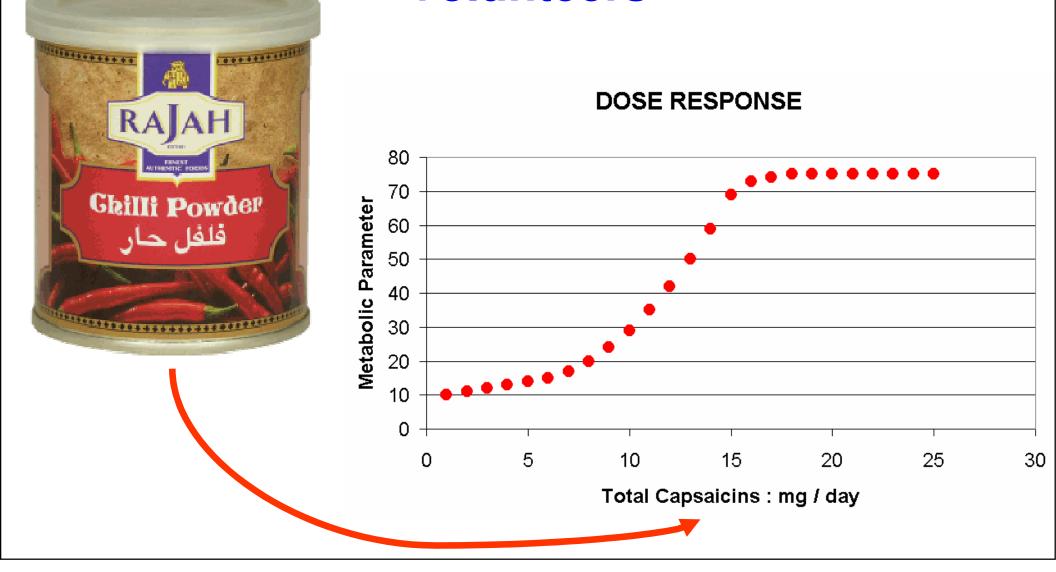
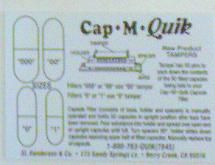


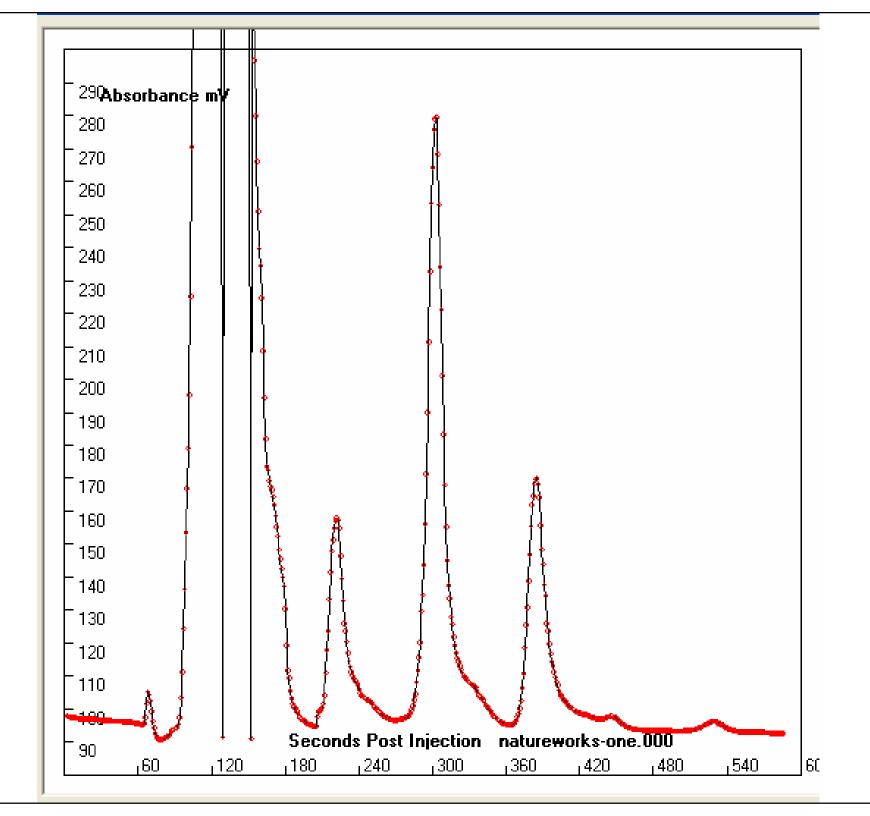
Figure 1. Schematic representation for the metabolism of capsaicin by P450. The structure for capsaicin has been numbered according to Figure 6 to aid in the discussion of the results presented throughout the study.

Current Work – Selection of 'Strong' Chilli Powders to Put Into Capsules for Use in Dose Response Studies in Human Volunteers



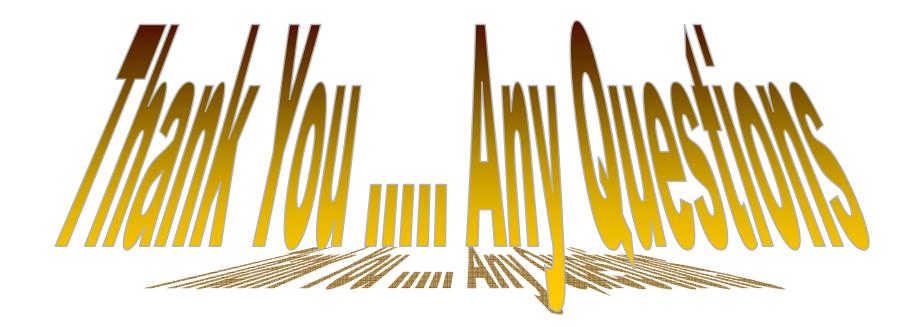






			TOTAL CAPSAICINS ug/g
	CAP	(OH)2CAP	
Menora Powder	624	410	
	541	353	
	565	357	
Average	577	373	950
%	61	39	
Hoyt	689	417	
	950	655	
	994	672	
Average	878	581	1459
%	60	40	
SpiceWorld	540	571	
	702	865	
	722	906	
Average	655	781	1435
-	46	54	
NaturesWorks	1548	865	
	1727	935	
	1737	968	
	1671	946	
Average	1671	929	2599
%	64	36	

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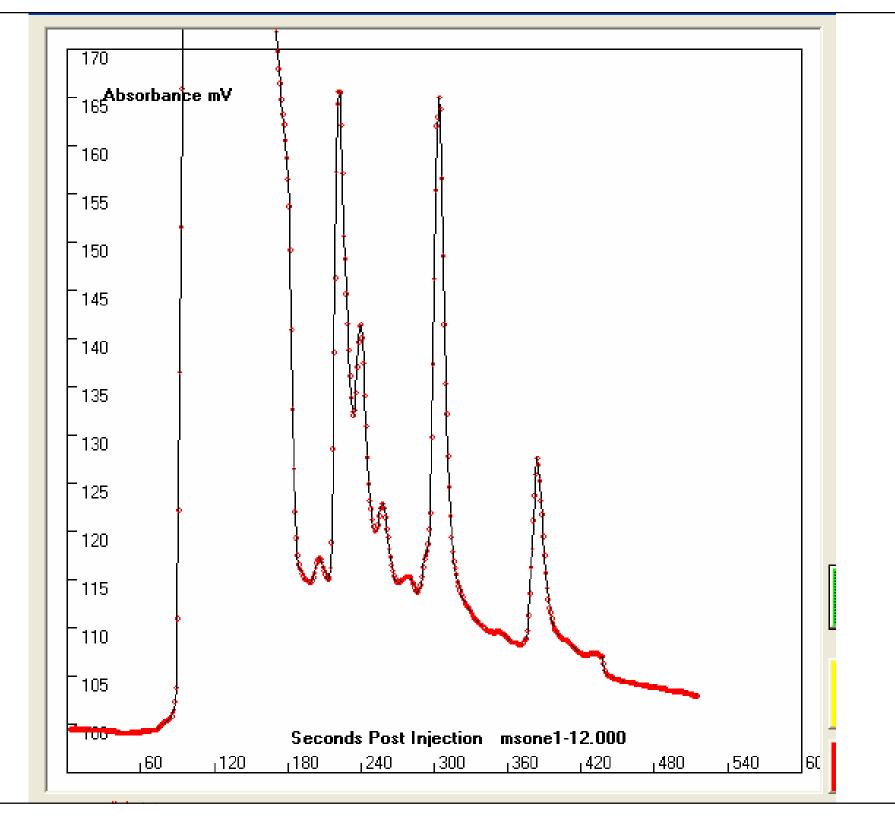


TABLE <u>1</u>: Capsaicin Concentrations in Chilli Containing Food Products (Datafile = three-sauces.xls)

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	Capsaicin, ug/g	Mean Capsaicin, ug/g	(OH₂)Capsaicin	Mean (OH₂)Capsaicin	Total Capsaicins, ug/g
Ayam Sweet Chilli Sauce	12		7		
ditto	23	18	9	8	26
Mama Sita Pepper Sauce	75		40		
ditto	84	80	47	44	124
Tabasco Sauce	97		45		
Ditto	103	100	45	45	145
Master Foods Chilli Paste		183		139	322
Cayenne Pepper Capsules		535 ug/capsule		495 ug/capsule	1030 ug/capsule

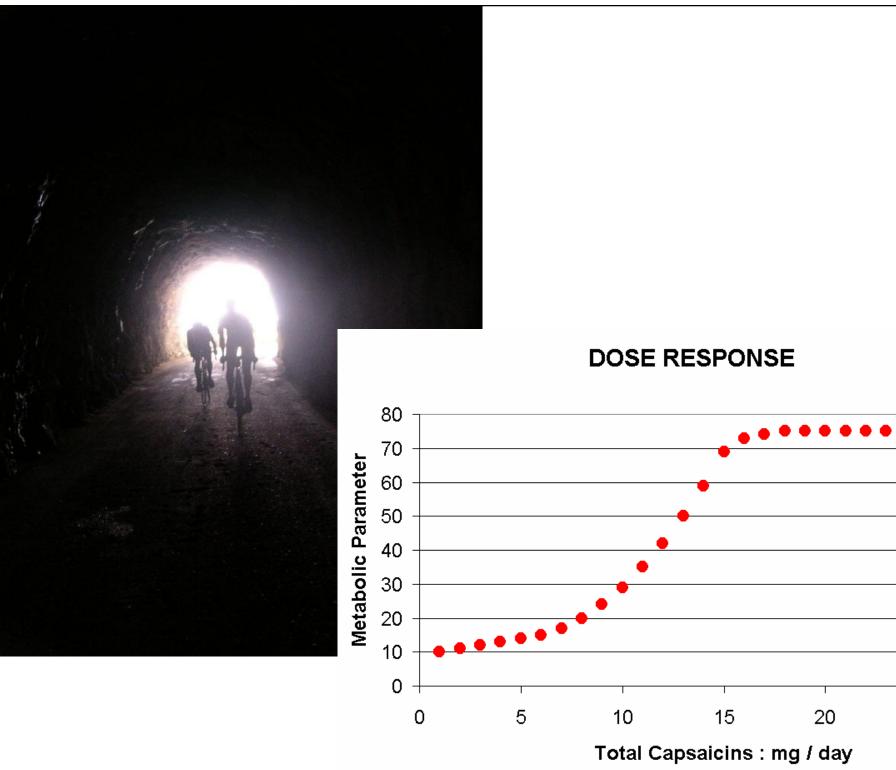
Results – Human Beings !

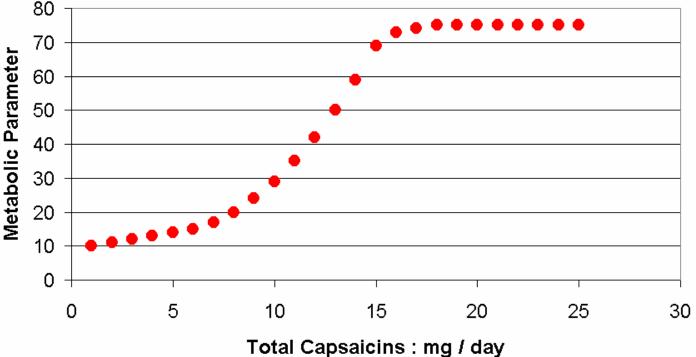


J Know This Much is True

.....Wally Lamb





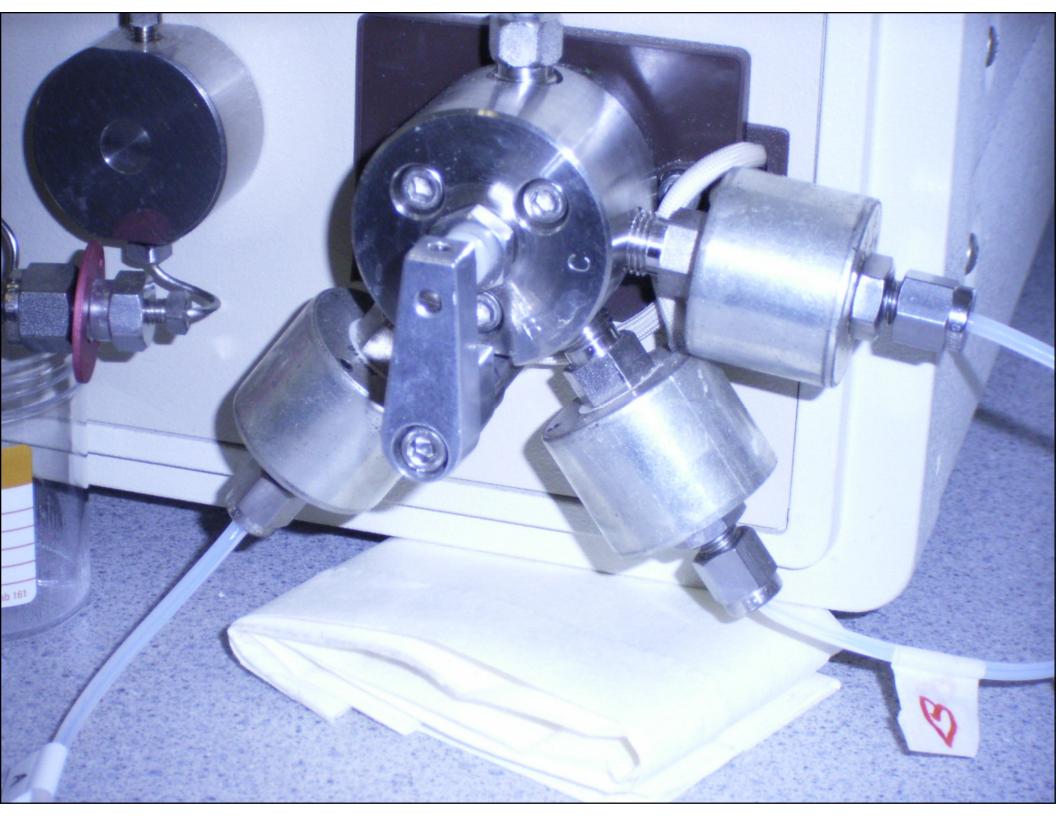


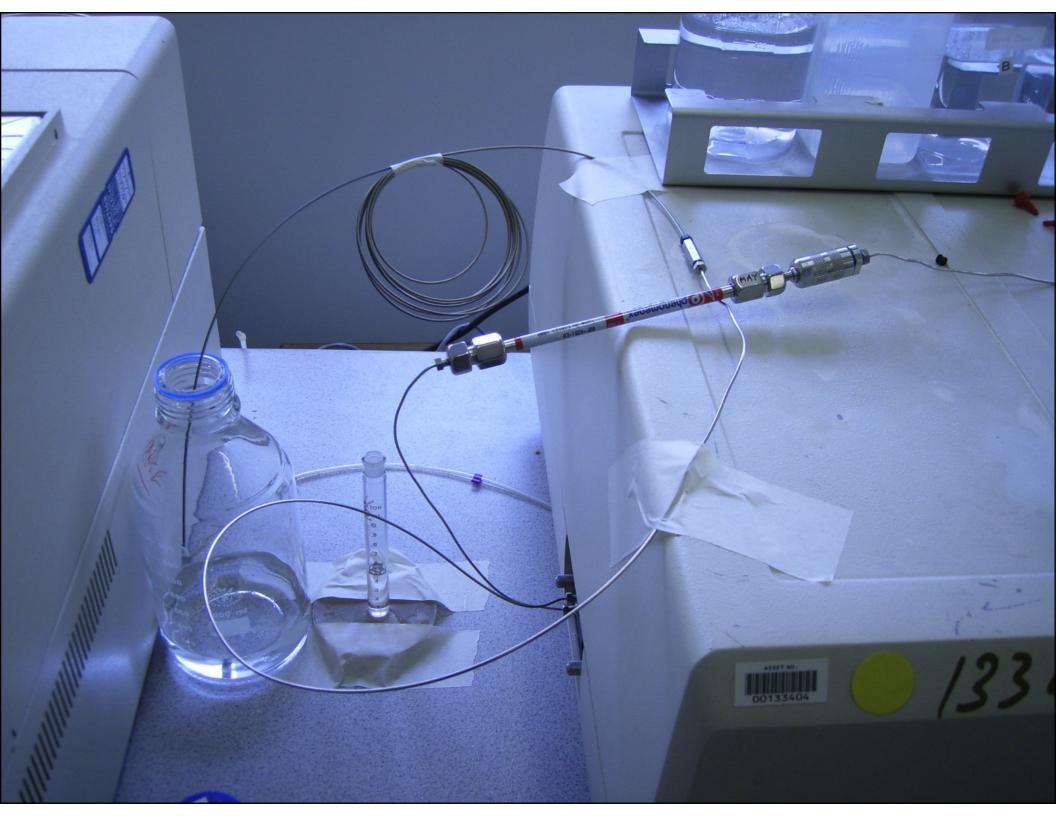












THE METHOD – IN SUMMARY

- Excellent for sauces and powders
- Lengthy long cleanup period
- Low sensitivity for plasma

(D.L. 20 ng/ml)